

East District Cross Country Championships Individual Medallists (U13 Boys)

Simpson Donald Trophy First Presented in

First held in season 1965-6

Scottish Athletics Federation/Scottish Athletics Limited

2025-6	Blake Burchill	Harmeny AC	11.55	Alfie Whyte	Dunfermline T&F C	11.56	George Wright	Lasswade AAC	12.20
2024-5	Tom Ibbs	Team East Lothian	11.36	Findlay Bell	Perth Strathtay H	11.41	Comor McNab	Edinburgh AC	11.46
2023-4	Harry Cook	Aberdeen AAC	10.11	James Shinnie	Aberdeen AAC	10.15	Rory Beattie	Harmeny AC	10.17
2022-3	Harrison MacMillan	Central AC	11.32	Luke Sedman	Falkirk Victoria H	11.37	Rory MacMillan	Central AC	11.43
2021-2	Daniel McIntyre	Harmeny AC	11.53	Ray Taylor	Falkirk Victoria H	11.54	Harry Mackay	Edinburgh AC	11.56
2020-1	No Championship due to Covid-19 pandemic								
2019-20	Rowan Whitorth	Livingston AC	11.27	Innes Wright	Team East Lothian	11.42	Dylan Daunt	Edinburgh AC	11.45
2018-9	Connor Bell	Central AC	10.21	Caleb McLeod	Pitreavie AAC	10.23	Corey Campbell	Team East Lothian	10.24
2017-8	Finlay Ross	Harmeny AC	11.28	Ross Dewar	Edinburgh AC	11.31	Kal Crawford	Aberdeen AAC	11.34
2016-7	Harry Henriksen	Lasswade AAC	10.10	Conor Gourley	Pitreavie AAC	10.28	Angus Wright	Team East Lothian	10.31
2015-6	David Addison	Corstorphine AAC	11.24	Lewis Low	Pitreavie AAC	11.30	Harry Henriksen	Lasswade AAC	11.46
2014-5	Harry Hall	Aberdeen AAC	11.46	David Addison	Corstorphine AAC	12.03	Coinneach Petrie	Edinburgh AC	12.07
2013-4	Magnus Tait	Lasswade AAC	11.57	Rory Ferguson	Lasswade AAC	12.07	Alex Johnston	Pitreavie AAC	12.10
2012-3	Adam Scott	Fife AC	12.44	Michael Swinton	Edinburgh AC	12.49	Magnus Tait	Lasswade AAC	12.58
2011-2	Connor Morris	Pitreavie AAC	11.24	Ben Greenwood	Perth Strathtay H	11.26	Anthony Addison	Corstorphine AAC	11.31
2010-1	Ewan McMillan	Banchory Stonehaven	9.23	Iain Davies	Central AC	9.28	Sam Davidson	Central AC	9.29
2009-10	Robert Bough	Edinburgh AC	12.05	Aidan Thompson	Pitreavie AAC	12.12	Josh Kerr	Edinburgh AC	12.18
2008-9	Jake Kerr	Edinburgh AC	13.23	Rowan Marr	Gala H	13.44	Ben Potykus	Pitreavie AAC	13.50
2007-8	Christopher Galloway	Corstorphine AAC	11.50	Jamie Crowe	Dundee Hawkhill H	12.02	Shaun Dempsey	Dundee Hawkhill H	12.07
2006-7	Tom Watson	Central AC	11.38	Michael Overed	Dundee Hawkhill H	11.41	Tim Sawrey	Corstorphine AAC	11.56
2005-6	Craig Robinson	Pitreavie AAC	12.14	Edward Dudgeon	City of Edinburgh	12.15	Graeme MacGregor	Falkirk Victoria H	12.32
2004-5	Jonathon Wolf	City of Edinburgh	11.59	Roger Poolman	George Heriots Sch	12.00	Rory Anderson	Teviotdale H	12.03
2003-4	Matthew Gillespie	Central AC	11.12	Andrew Evans	Fife AC	11.45	Jonathon Wolf	City of Edinburgh	11.49
2002-3	Matthew Gillespie	Central AC	11.18	Shaun Devenney	City of Edinburgh	11.59	Christopher Hardwick	Arbroath & District AC	12.01
2001-2	Alex Thoires	Aberdeen AAC	10.33	Michael Gillespie	Central AC	10.39	Myles Edwards	Aberdeen AAC	10.44
2000-1	Ross Findlayson	Lasswade AAC	11.10	Douglas Selmán	Kwik Fit Corstorphine AAC	11.15	Christopher Douglas	Falkirk Victoria H	11.16
1999-2000	Alastair Robertson	Central AC	11.43	Ross Finlayson	Lasswade AAC	11.46	Callum Beattie	Perth Strathtay H	11.50
1998-9	Scott Fraser	Lasswade AAC	8.53	Mark Kennedy	Aberdeen AAC	9.04	Alasdair Stewart	Falkirk Victoria H	9.13
1997-8	Robin McIntosh	City of Edinburgh	10.47	Scott Fraser	Lasswade AAC	10.54	Stuart Forbes	Aberdeen AAC	10.59
1996-7	Andrew Murphy	Fife AC	12.19	Paul McCloskey	BT Pitreavie AAC	12.22	Stuart Forbes	Aberdeen AAC	12.28
1995-6	Andrew Lemoncello	Fife AC	12.20	David McDonald	Dundee Hawkhill H	12.39	Kerr Johnstone	Falkirk Victoria H	12.44
1994-5	Steven O'Brian	Corstorphine AAC	12.09	Kerr Johnstone	Falkirk Victoria H	12.14	Grant Ritchie	Arbroath & District AC	12.16
1993-4	Chris O'Brian	Corstorphine AAC	11.25	Marc Stevens	Tayside AC	11.51	Gavin Herd	Edinburgh Southern H	11.57
1992-3	Steven Lauder	Teviotdale H	12.03	Jamie McDonald	Central Region AC	12.13	Donal Hanratty	Fife AC	12.14

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1991-2	David Campbell	Lasswade AAC	11.39	Andrew Forsyth	Pitreavie AAC	11.42	Stuart Blaikie	Teviotdale H	11.51
1990-1	Christopher Smith	Aberdeen AAC	9.43	Marc Wight	Teviotdale H	9.47	Alasdair Donaldson	Pitreavie AAC	9.49
1989-90	Kevin Daley	ESPC	11.20	Brian Boyle	Bathgate H	11.20	David Wightman	Tayside AC	11.25
1988-9	Robert Wilson	Central Region AC	11.31	David Carty	Bathgate H	11.34	Thomas Winters	Edinburgh AC	11.55
1987-8	Andrew Tulloch	Falkirk Victoria H	17.19	Stewart Meldrum	Pitreavie AAC	17.29	Andrew Casey	Queen Victoria Sch	17.49
1986-7	Matthew Kelso	Pitreavie AAC	14.19	Jason Gowans	Tayside AAC	14.23	Ross Carmichael	Edinburgh AC	14.32
1985-6	Bruce McMillan	Central Region AC	11.49	Alastair Moonie	Fife Southern H	11.51	Kenneth Fotheringham	Haddington ELP	11.55
1984-5	Jason Hemmings	Pitreavie AAC	12.08	Michael Pavlovski	George Heriots Sch	12.21	Kenneth Leach	Central Region AC	12.26
1983-4	Paul Fettes	Lasswade AAC	14.35	Ian Cumming	Pitreavie AAC	14.47	Gary Bowman	Pitreavie AAC	15.06
1982-3	George McCusker	Teviotdale H	9.51	Christopher Murphy	Teviotdale H	9.51	Kheradine Idessane	Edinburgh Southern H	9.54
1981-2	Vincent Hughes	Fauldhouse Miners H	9.07	Ian Ritchie	Pitreavie AAC	9.07	Kheradine Idessane	Edinburgh Southern H	9.18
1980-1	Stewart Campbell	Livingston & District AC	13.14	Tom Hanlon	Edinburgh Southern H	13.19	Gregor Black	Boness AC	13.20
1979-80	Scott Holden	Falkirk Victoria H	10.28	Gavin Phillip	Edinburgh AC	10.50	Stuart Hunter	Pitreavie AAC	10.54
1978-9	Crawford Little	Fife AC	11.01	William Curle	Edinburgh Southern H	11.06	Tom Ritchie	Fife Southern H	11.10
1977-8	Kevin Maxwell	Falkirk Victoria H	12.12	Gordon Mitchell	Falkirk Victoria H	12.19	Iain Matheson	Aberdeen AAC	12.23
1976-7	Mark Walker	Central Region AC	12.12	Kevin Maxwell	Falkirk Victoria H	12.22	Nickolas Robertson	Edinburgh AC	12.27
1975-6	John Steele	Edinburgh Southern H	11.22	Stuart Todd	Falkirk Victoria H	11.28	Ewan Cameron	Aberdeen AAC	11.44
1974-5	John Pentacost	Falkirk Victoria H	10.15	Ritchie McCallum	Falkirk Victoria H	10.17	Stuart Todd	Falkirk Victoria H	10.19
1973-4	Colin Hume	Teviotdale H	12.48	Kenneth Harkness	Edinburgh Southern H	13.05	John Ness	Dundee Hawkhill H	13.08
1972-3	Nigel Jones	Edinburgh AC	11.03	Colin Hume	Teviotdale H	11.09	Raymond Gibson	Polbeath H	11.10
1971-2	Trevor Cole	Edinburgh AC	10.37	Nigel Jones	Edinburgh AC	10.52	John Gray	Edinburgh AC	10.56
1970-1	David Walker	Edinburgh AC	8.42						
1969-70	Paul Forbes	Edinburgh AC	11.05	Arthur Henderson	Edinburgh Southern H	11.09	Derek Campbell	Teviotdale H	11.19
1968-9	James Campbell	Bathgate AC	7.42						
1967-8	John Arthur McGill	Blackburn H							
1966-7	John Arthur McGill	Blackburn H	5.07	John Marsh	Teviotdale H	5.07	John Stewart	Edinburgh AC	5.18
1965-6	John McGill	Lewisvale Spartans AC	10.26	John Lees	Edinburgh AC	10.27	John McKenzie	Edinburgh AC	10.27